

Problem-Solving Steps

Children and young people often find it difficult to think about ways to handle challenging situations or deal with conflict. Teaching them the steps involved in effective problem-solving helps them to feel more confident about dealing with everyday problems. School staff can support children and young people to learn and practise the key steps involved in effective problem-solving. Outlined below is a six-step problem-solving model.

The six key steps involve: (1) defining the problem, (2) identifying possible solutions to the problem, (3) anticipating the outcome of each solution, (4) selecting the best solution, (5) implementing the solution, and (6) evaluating the outcome.



Problem-Solving Steps Activity



1. What is the problem?

2. What could I do? Think of lots of possible different ideas.

--	--	--	--

3. What might happen for each of these ideas?

--	--	--	--

4. Select the solution you think will work best.



5. Do it! Put your plan into action!

6. Did it work? Think about what went well and what you could do differently next time.



