

Name _____ Date _____

Instructions: Read each question carefully and choose the best answer.

1. The title of this story is "Eating Like an Athlete." In the story, what does it mean to eat like an athlete?
 - (A) It means eating large amounts of any food.
 - (B) It means eating small amounts of any food so you can be lighter and quicker for sports.
 - (C) It means eating healthy foods to make sure you have energy for sports.
 - (D) It means eating foods with lots of sugar to keep you awake.
2. The coach did not approve of Pablo's snacks because they were filled with _____.
 - (A) sugar and fat
 - (B) salt and starch
 - (C) meat and cheese
 - (D) chocolate and milk
3. What are **bleachers**?
 - (A) athletes who try out for a basketball team
 - (B) people who eat unhealthy foods
 - (C) healthy foods that give people energy to play sports
 - (D) raised seats for fans at a sporting event
4. How did Pablo change in the story?
 - (A) He became better at basketball.
 - (B) He decided to start eating healthier foods.
 - (C) He changed his mind about wanting to play basketball.
 - (D) He learned to like foods he had disliked before.
5. Who told the story?
 - (A) a boy named Pablo
 - (B) a young basketball player
 - (C) the assistant coach of a basketball team
 - (D) a narrator not in the story