

Name \_\_\_\_\_ Date \_\_\_\_\_

Instructions: Read each question carefully and choose the best answer.

- The title of this story is "Eating Like an Athlete." In the story, what does it mean to eat like an athlete?
  - It means eating large amounts of any food.
  - It means eating small amounts of any food so you can be lighter and quicker for sports.
  - It means eating healthy foods to make sure you have energy for sports.
  - It means eating foods with lots of sugar to keep you awake.
- The coach did not approve of Pablo's snacks because they were filled with \_\_\_\_\_.
  - sugar and fat
  - salt and starch
  - meat and cheese
  - chocolate and milk
- What are **bleachers**?
  - athletes who try out for a basketball team
  - people who eat unhealthy foods
  - healthy foods that give people energy to play sports
  - raised seats for fans at a sporting event
- How did Pablo change in the story?
  - He became better at basketball.
  - He decided to start eating healthier foods.
  - He changed his mind about wanting to play basketball.
  - He learned to like foods he had disliked before.
- Who told the story?
  - a boy named Pablo
  - a young basketball player
  - the assistant coach of a basketball team
  - a narrator not in the story