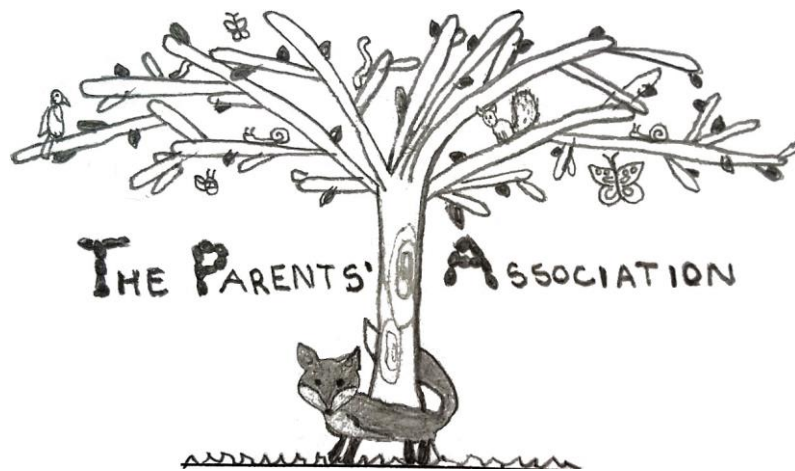


Belgrove Senior Girls' School



**The Parents' Association would like to invite
all parents and guardians to a workshop**

Wednesday 11th October - 7.30pm

Girls' School Hall

Wellbeing for Parents and Children

Empowering parents to deal with challenges, fostering a
positive social and emotional outlook for children

As part of the SPHE programme in primary schools, Niamh Brennan, a primary school teacher who specializes in the area of wellbeing and mental health, has delivered a workshop to staff. Her workshop on the 11th October for parents and guardians will focus on this theme .

All welcome!